Quarterly Update

April 2025

Winter Warriors!

Volunteering in Marine Corps JROTC is important because it fosters a sense of civic responsibility and community engagement, while also providing valuable leadership development opportunities. It allows students to apply their JROTC training to real-world situations, contributing to their communities and strengthening their civic values.

Winnacunnet MCJROTC

Penguin Plunge 2025

The Penguin Plunge at Hampton Beach is a yearly fundraising event for Special Olympics New Hampshire. The 26th annual event took place February 8th and 9th 2025. The fundraiser involved participants plunging into the freezing Atlantic Ocean to raise money for a great cause during two separate days. The Winnacunnet Warriors took charge and volunteered for the set-up, assisted in operations, and the tear down mission throughout the events.

The Cadets set up changing rooms inside two giant tents for participants, and don't forget about them buckets! Overall, 166 volunteer hours were earned.

Developing Civic Responsibility:

MCJROTC emphasizes the importance of citizenship and civic duty, and volunteering provides a practical way for cadets to learn and apply these principles.

Leadership Skills:

Volunteering requires teamwork, communication, and organization, all of which are essential leadership qualities.

Community Engagement:

MCJROTC cadets are encouraged to participate in community service projects, fostering a sense of belonging and making a positive impact on their local areas.

Over 700 plungers raised close to $800k for the charity over the two days. Winnacunnet Cadets and instructors also plunged in between volunteer duties!

The mission of Special Olympics New Hampshire (SONH) is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community. (image and statement from https://fundraising.sonh.org/event/penguin-plunge/about-sonh)

Lunch was provided for the volunteers at the Casino Ballroom post plunge. The chow was outstanding and the break from the cold wasn't that bad either!

Cadets Joshua Adams, Jamison LaFleur, and Owen McMahon enjoy a chili bowl. I wonder if Adams has any zip-ties in his pocket???

Service Learning:

Volunteering often takes place within service-learning projects, which allow cadets to apply their knowledge and skills while contributing to a real-world problem.

Personal Development:

Volunteering can help cadets develop confidence, resilience, and a sense of accomplishment.

College Applications:

Volunteer experience can strengthen applications for college programs, highlighting leadership skills and community involvement.

Cadets Reagan Cink, Grace Bramhall, Elise Shannon and Warrior Camryn Morrissey enjoying the festivities and chow!

Cadets Franklin Coe, Kaiden Sharpe, Javier Chacon, and Dominic Sforza are enjoying the temperature inside the Casino Ballroom During their break.

Buckets, Buckets, and More Buckets!

Objective:

Cadets will learn how to construct a snow cave shelter for survival, emphasizing insulation, wind protection, and temperature regulation. Additionally, they will understand the importance of proper winter gear.

Conclusion:

Snow caves are a lifesaving skill for cold-weather survival. Knowing how to build one and having the right gear, can make the difference between life and death in extreme conditions.

Winter Survival Class

Attention Cadets!

Tomorrow, we take on the elements. Your mission: Build an emergency snow shelter that could save your life in a real survival situation.
This is not just another class… this is about adapting, improvising, and overcoming the challenges of cold-weather survival. We will be outside for the entire period, so come prepared! (LtCol Drown)

LtCol Drown prepares the "Fire Team" for Winter Survival Instruction.

Cadets Javier Chacon, Dominic Sforza, Joshua Adams, Alexander Costa, Ricky Donahue, Benjamin Quinn, Alexander Champney, Kaiden Sharpe, Reagan Cink, and Rowan Huynh dig in!

Skills forge strength, strength builds confidence, confidence creates leaders!

Social Skills and Etiquette:

The ball provides cadets with opportunities to practice proper social etiquette and protocol, both in civilian and military settings

Building Comradeship:

The ball fosters a sense of camaraderie and esprit de corps.

Cost-Effective Social Experience:

For many cadets, the JROTC ball represents their first experience with a formal dinner and dance at a price significantly lower than a traditional prom.

It's also Really, Really Fun!

Regional JROTC Military Ball

The 2025 Regional Military Ball was held on Valentines Day at Danversport Marina, Danvers, MA. This annual event fosters camaraderie, promotes leadership development, and allows our cadets to build connections with their peers from other JROTC programs in the region. Additionally, we teach proper etiquette associated with civilian and military formal events.

LtCol Drown, Benjamin Quinn, Dominic Sforza, Reagan Cink, Rowan Huynh, Elise Shannon, Madison Bowley, Anya Grover, Ryan Greely, Luke Andruskevich, Ava Leveille, Franklin Coe, Joshua Adams, Javier Chacon, Owen McMahon, Jamison LaFleur, Jackie Huang, Austin Phibbs-Nichols, Grace Lee.

Leadership, dedication, and excellence on display at the Northeast JROTC Military Ball. Congratulations to Cadet 1stLt Cink and Cadet 2ndLt LaFleur for being recognized as 'Outstanding Cadets!' Fun was had by all as we celebrated success and camaraderie!

WARRIORS!

Every Marine is a Rifleman.

Enduring Tradition:

The Marine Corps' focus on marksmanship is a long-standing tradition, reinforced through training, competitions, and the unwavering belief that every Marine is a Warrior.

Continuous Improvement:

The Marine Corps actively seeks to improve marksmanship through training advancements, new technologies, and a commitment to continuous improvement.

Marksmanship

The Warriors competed in the Metro March Madness Marksmanship Tournament on 22 March 2025. The tournament marked the end of this year's season and Cadets Grace Bramhall, Rowan Huynh, Reagan Cink, and Jamison LaFleur took home the second-place trophy! Grace Bramhall had an exemplary performance by earning a bronze medal in the standing category.

The tournament concluded with the end of the season Top Shot Shootout. The shootout pits two Marksman from each school in a head to head match to see who is the best of the best.

Jamison LaFleur (3rd) and Grace Bramhall (4th) both medaled during the culminating event. Excellent job Warriors!

The METRO League season runs from January – March each year. What is exceptional about this season is the team increased an average of over 250 points per match compared to the start of last season… Keep up the momentum Warriors!

The first Earth Day:

Celebrated on April 22, 1970, it marked the beginning of the modern environmental movement.

Origin:

Senator Gaylord Nelson, inspired by the Santa Barbara oil spill, organized the first Earth Day.

Global Movement:

Earth Day went global in 1990, mobilizing 200 million people in 141 countries.

Symbolism:

Earth Day has its own flag, anthem, and a motto, reflecting its global reach and environmental message.

Environmental Impact:

Earth Day led to the creation of the EPA and inspired other environmental initiatives.

Earth Day 2025

Earth Day was held 22 April 2025. Earth Day is an annual global event that aims to raise awareness and promote environmental protection. The Winnacunnet Cadets took action and beautified the WHS campus by picking up trash. Earth Day encourages people to learn about renewable energy, advocate for clean energy policies, and mobilize communities to take action, whether through rallies, cleanups, or other initiatives.

Cadets Jonathan Connor, Ryan Pouliot, Brody Powers, London Gammon, Benjamin Quinn, Owen Potvin, Reagan Cink, Hannah Dobson, and Celina King participated in a school wide clean-up on Earth Day 2025.

Cadets Javier Chacon, Franklin Coe, Joshua Adams, Kaiden Sharpe, and TrinkaLee McMahon pose for a picture when they did their part and cleaned up the bleachers at the WHS football field.

"The smallest deed is better than the greatest intention" -John Burroughs.

MCJROTC Raider competitions offer significant physical and mental benefits for cadets, including improved physical fitness, leadership development, teamwork skills, and a sense of community.

They also provide opportunities to showcase skills, build confidence, and gain recognition, potentially leading to scholarships and further education.

Raider competitions foster a strong sense of belonging and teamwork, creating a supportive and encouraging environment for cadets.

Raiders

The WHS MCJROTC Raider Team proudly competed in their first Raider Competition, facing off against 17 other teams across eight grueling events. From obstacle courses to endurance runs and first aid scenarios, the cadets proved what they are made of, showing determination, teamwork, and resilience. Each cadet left the event challenged, proud, and smiling, embodying the true spirit of leadership and camaraderie.

Raiders Jonathan Connor, Jamison LaFleur, Ryan Pouliot, Dominic Sforza, Javier Chacon, Braylon Goraczkowski, and Hannah Dobson.

Team tire flip relay, Rope Bridge, Tug of War, 5K run/road march and more!

WHS MCJROTC Awards Ceremony

Who: All Cadets, family members, friends, and WHS community are invited to attend this year's ceremony.

What: This is a ceremony to recognize and reward Cadets for their accomplishments throughout this school year and an opportunity to send our graduating seniors off in style. Light refreshments will be available for guests.

When: 21 May 2025 from 1830-2000.

Where: WHS Cafeteria

Why: Recognizing Cadets for their hard work and dedication is the backbone of "Semper-Fidelis" (Always Faithful).

Winnacunnet High School Hampton, NH 03842 (603) 926-3395 ext. 262

Upcoming Events

10 May – Raiders competition Peabody, MA

17 May – Raiders competition Salem, NH

21 May – WHS Awards Ceremony

25 May – Seabrook Memorial Day parade

26 May – Hampton, Hampton Falls, and North Hampton Ceremonies

26 May – Hampton Memorial Day Parade

6 June – WHS Graduation

30 June – 3 July – MCJROTC Summer Camp, Joint Base Cape Cod, MA

*Events and signups are periodically posted to the Google Classroom Activities page as the date draws near.

The school year's 2nd Trimester came to an end on 17 March 2025. Excellent job Cadets and we hope to see you participating in events throughout the year! As a reminder, all Cadets are welcome to participate in any events conducted by the unit even if they are not actively in class for the Trimester.

Cadets Brody Powers, Jackie Huang, Jamison LaFleur, Joshua Adams, Dominic Sforza, and Jaiden Boulard pose before the United States Air Force Academy Band performed at Winnacunnet High School on 12 April 2025.

STAY MOTIVATED!